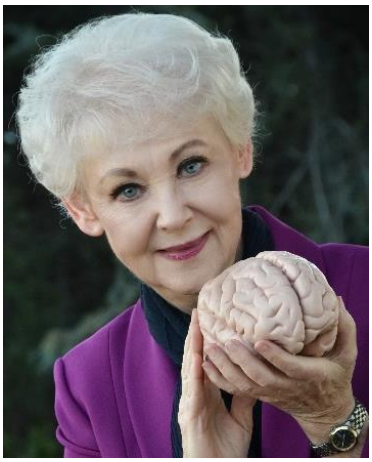
Arlene R. Taylor, PhD

To paraphrase Oscar Hammerstein II (South Pacific):
"There is nothing you can name that is anything like *the brain*."
—Arlene R. Taylor



Brain-function specialist, author, and international speaker, Taylor is principal writer of the 12-week brain-based *Longevity Lifestyle Matters* program (LLM Online), how to stay healthier and younger for longer. She is also author of the 32-module DSM-5 based *Mental Health & Wellness* program.

A recipient of the American Medal of Honor for Brain-Function Education, #20 of 100 in 2001 from the American Biographical Institute Inc. In 1989, Loma Linda University Nursing Alumni Association selected her alum of the year. She has life membership in the *National Registry of Who's Who*, 2000 edition and is a member of the National Speakers Association (NSA). Taylor holds two earned doctorates.

USPS - Realizations Inc, 310 Crawford Way #10187, American Canyon, CA 94503-1113

LLM Online - arlenetaylor.org/llm-online.

Mental Health & Wellness - Pheccinc.com

LinkedIn - www.linkedin.com/in/arlene-r-taylor-phd-brain-function-specialist-304b5ba

Blogs - ArleneTaylor.org and arlenetaylor.blogspot.com

YouTube Channel - www.youtube.com/user/braingurutaylor

Social media - allmylinks.com/brainfunctionguru

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Email - thebrain@ArleneTaylor.org